

INFORMED CONSENT and WAIVER

Robert Osborne Spiritual Direction (updated May 2022)

I understand, acknowledge, and agree to each of the following aspects of the spiritual direction relationship with Robert Osborne.

The purpose of my spiritual direction with Robert Osborne is growth in my relationship to God, with the corresponding intent to increase my sense of awareness and personal freedom. I understand that spiritual direction sessions are characterized by mutual sharing and prayerfulness. While personal and psychological issues may at times be part of the general conversation, the discovery of certain types of problems may mean that I will be referred to another kind of helping professional.

Robert Osborne represents an ecumenical Christian viewpoint in his spiritual direction. He is sympathetic to the broad diversity of thought directees may bring, but he reserves the right to hold his own viewpoints and opinions which he may share when appropriate. At all points, the intention is to be charitable, exploratory, and to seek with the directee the truest meanings and practices of life.

Robert Osborne is committed to the highest ethical standards in his relationship with his directees.

Robert Osborne maintains respect for the freedom of the directee to make choices. He will encourage directees to develop in both the contemplative and active areas of personhood. He will not mandate any ways of thinking, or any actions to be taken. Confidential information shared by the directee will not be disclosed except for the following reasons:

- When Robert Osborne may choose to bring certain aspects of his direction experience to appropriate professional supervision for assistance and reflection.
- When a directee expresses the intent to harm themselves or others. In such cases a spiritual director is mandated to disclose relevant information to proper authority.

As my spiritual director, Robert Osborne cannot be held responsible for providing services to me in the event of a crisis or emergency.

The advice and counsel I receive from Robert Osborne as my spiritual director is intended for my personal and spiritual benefit, the merits of which I must weigh for myself.

As a spiritual director, Robert Osborne has the right to terminate the relationship if he so chooses. While that reason may be discussed with the directee, complete discretion will be maintained.

As my spiritual director, Robert Osborne will keep his scheduled appointments with me, and I will keep my appointments with him. If the session carries an attending fee, I agree to pay that fee at the time the service is provided.

In consideration of the spiritual direction Robert Osborne provides, I will hold harmless, will not sue or hold legally liable Robert Osborne as my spiritual director, and I release him from all liability whatsoever in connection to this spiritual direction. I indemnify Robert Osborne from any claims, damages or actions in relation to or arising from spiritual direction with him.

I have read, understood, and agree to the terms stated above.

Signature: _____ **Date:** _____